

3 dorpen jogging des 3 villages

115 Arrivées

Pl.	Dos	Nom	Sexe	Clas.Sexe	Cat	Clas.Cat	Club	Vitesse	min/km	Temps	Points
5km Starter											
1.	1041	ROCKS, Mike	m	1	Hom	1	GG-Coaching	17.2	3:28	19:10	1005
2.	1001	CASA, Dorian	m	2	Hom	2	GG-Coaching	16.2	3:41	20:17	995
3.	411	GREGOIRE, Valentin	m	3	Hom	3	Sport style	16.0	3:44	20:34	
4.	408	HOVART, Hugo	m	4	Hom	4		15.9	3:46	20:44	
5.	410	COLETTE, Tanguy	m	5	Hom	5		15.2	3:56	21:42	
6.	412	FORET, Tom	m	6	Esp G	1	Team club ampsinois	15.0	3:59	22:00	
7.	1071	VANDERVORST, Edwin	m	7	Hom	6	AC Kortenberg	14.4	4:08	22:48	955
8.	405	FRISON, Klara	f	1	Esp F	1	Team club ampsinois	14.3	4:11	23:01	
9.	1220	BEKAERT, Guillaume	m	8	Hom	7	Morchy	13.7	4:22	24:05	945
10.	432	LEONARD, Hugo	m	9	Hom	8		13.6	4:24	24:15	
11.	447	COLETTE, Daniel	m	10	Hom	9	Uissance8	13.5	4:25	24:22	
12.	454	DIELS, Nand	m	11	Esp G	2		13.4	4:27	24:31	
13.	426	NEYTS, Robin	m	12	Hom	10		13.4	4:27	24:31	
14.	1060	FUCITO, Maeva	f	2	Dam	1	FCHA	13.4	4:28	24:37	1005
15.	1140	COCQUYT, Ethan	m	13	Esp G	3		13.3	4:29	24:41	985
16.	1038	BOSMAN, Jean-Marie	m	14	Hom	11	TEAM UDH SBG COACHING	13.3	4:30	24:46	905
17.	1087	DELOGE LANGE, Walter	m	15	Esp G	4	RFCL ATHLETISME	13.3	4:30	24:48	975
18.	445	CROMPS, Maxime	m	16	Hom	12		13.2	4:31	24:52	
19.	413	DELOGE, Jean Francois	m	17	Hom	13		13.2	4:31	24:54	
20.	404	DEBENS, Florian	m	18	Hom	14		13.1	4:33	25:05	
21.	1054	JAMOULLE, Lysandre	f	3	Esp F	2	WACO	13.0	4:34	25:12	995
22.	1002	MONARD, Charline	f	4	Dam	2	GG-Coaching	13.0	4:36	25:19	995
23.	1153	BRUCKMANN, Ludovic	m	19	Hom	15		12.8	4:39	25:38	865
24.	456	DIELS, Lenny	m	20	Hom	16		12.8	4:40	25:43	
25.	1044	COUPÉ, Axelle	f	5	Dam	3	GG-Coaching	12.8	4:41	25:46	985
26.	1031	HOGÉ, Simon	m	21	Esp G	5	Goret Team	12.7	4:43	25:58	965
27.	1111	SIMON, Gary	m	22	Hom	17	Morchy	12.6	4:43	26:02	845
28.	1133	LEBEAU, Fabian	m	23	Hom	18	WAC	12.4	4:48	26:28	835

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29.	457	VANDERCAM, Maxim	m	24	Esp G	6		12.2	4:53	26:57	
30.	443	LOMBA, Primaëlle	f	6	Dam	4		12.2	4:54	26:59	
31.	1113	DELOGE LANGE, Sasha	f	7	Esp F	3	RFCL ATHLETISME	12.1	4:55	27:05	985
32.	1145	LECOCQ, Guillaume	m	25	Hom	19		12.1	4:57	27:14	825
33.	403	BROOS, Bruno	m	26	Hom	20		12.0	4:57	27:19	
34.	416	SMETS, Achilles	m	27	Esp G	7	Stvv	12.0	4:59	27:25	
35.	1116	ROBYNS, Thomas	m	28	Hom	21		12.0	4:59	27:30	805
36.	409	VERGAUWEN, Charly	m	29	Hom	22		11.9	5:01	27:36	
37.	442	HOMBROUX, Max	m	30	Esp G	8		11.8	5:03	27:47	
38.	1088	HOUTMANS, Robin	m	31	Hom	23		11.8	5:03	27:48	785
39.	1122	PALMAERS, Augustin	m	32	Esp G	9	WACO	11.7	5:05	28:00	925
40.	448	POTGENS, Alexis	m	33	Esp G	10	Ninja	11.7	5:05	28:00	
41.	425	DESIRON, Yann	m	34	Esp G	11		11.7	5:06	28:06	
42.	433	FICHANT, Emma	f	8	Dam	5		11.7	5:06	28:07	
43.	415	DOZOT, Stéphane	m	35	Hom	24		11.6	5:09	28:25	
44.	435	VANHAEREN, Loric	m	36	Hom	25		11.5	5:10	28:28	
45.	1072	CAKMAK, Sinem	f	9	Dam	6	WAC	11.3	5:16	29:02	955
46.	1117	HELAS, Jennyfer	f	10	Dam	7	Trakks	11.3	5:16	29:04	945
47.	406	NOTTE, Jennifer	f	11	Dam	8	Team Club Ampinois	11.3	5:18	29:10	
48.	407	POTY, Lucie	f	12	Esp F	4	Team club ampinois	11.3	5:18	29:11	
49.	440	DESPLANQUE, Olivier	m	37	Hom	26		11.2	5:19	29:17	
50.	414	STERKEN, Renata	f	13	Dam	9		11.1	5:22	29:32	
51.	1104	PAQUAY, Théo	m	38	Esp G	12	WACO	11.1	5:22	29:34	895
52.	430	FICHANT, Didier	m	39	Hom	27		11.1	5:22	29:36	
53.	458	JOSENTS, Laurent	m	40	Hom	28		10.9	5:28	30:05	
54.	463	JOBÉ, Antoine	m	41	Hom	29		10.9	5:28	30:06	
55.	438	ISABELLA, Laura	f	14	Dam	10	WACO	10.9	5:29	30:11	
56.	1127	LOMBA, Jasmine	f	15	Dam	11		10.8	5:30	30:18	905
57.	449	LEMESTRÉ, Augustin	m	42	Esp G	13		10.8	5:31	30:26	
58.	1121	HELAS, Johanne	f	16	Dam	12		10.7	5:34	30:43	895
59.	1022	DELLEUZE, Serge	m	43	Hom	30	NEANT	10.6	5:36	30:52	715

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60.	1012	LATINE, Anne-Sophie	f	17	Dam	13	WACO	10.5	5:40	31:11	885
61.	1052	GILLARD, Romain	m	44	Esp G	14	WACO	10.5	5:41	31:19	875
62.	422	STROUWEN, Bea	f	18	Dam	14		10.5	5:42	31:24	
63.	423	RUYMEN, Michel	m	45	Hom	31	Aca	10.5	5:42	31:24	
64.	1093	NOTTET, Johan	m	46	Hom	32		10.4	5:43	31:30	695
65.	427	VANDERSMISSEN, Maxime	m	47	Esp G	15		10.4	5:43	31:30	
66.	418	SMETS, Guus	m	48	Esp G	16	Zepp_bru	10.4	5:43	31:30	
67.	1151	BONET, Thomas	m	49	Hom	33		10.3	5:48	31:59	685
68.	1051	SIMON, Geoffrey	m	50	Hom	34	Morchy	10.2	5:50	32:06	675
69.	1034	BOUSARD, Christophe	m	51	Hom	35	WAC	10.2	5:51	32:15	665
70.	1030	ZWAENEPOEL, Manon	f	19	Dam	15	WAC	10.2	5:51	32:16	865
71.	1082	LEROY, Renaud	m	52	Hom	36	WAC	10.2	5:52	32:17	655
72.	417	GRZESINSKI, Eva	f	20	Dam	16		10.1	5:54	32:28	
73.	1137	DONY, Chloé	f	21	Esp F	5	HuyForTrail ASBL	10.1	5:54	32:28	965
74.	437	LEROY, Justine	f	22	Dam	17	Waco	10.0	5:58	32:50	
75.	1080	CLOSSON, Thierry	m	53	Hom	37	WAC	10.0	5:59	32:58	645
76.	1097	NEYTS, Xavier	m	54	Hom	38		9.9	6:02	33:14	635
77.	1014	GRIBOMONT, Géraldine	f	23	Dam	18		9.9	6:03	33:17	835
78.	1067	DELLEUZE, Thibaut	m	55	Hom	39	NEANT	9.8	6:05	33:33	625
79.	1075	APPLINCOURT, Jean-Pierre	m	56	Hom	40	HESBYTRI	9.7	6:07	33:43	615
80.	419	POUSSET, Sam	m	57	Esp G	17		9.6	6:11	34:05	
81.	460	HERMANS, Charlotte	f	24	Dam	19		9.6	6:13	34:17	
82.	461	VANDERPOORTEN, Louis	m	58	Hom	41		9.6	6:13	34:17	
83.	1115	ADAM, Océane	f	25	Dam	20		9.5	6:16	34:30	815
84.	1068	DAGA, Marina	f	26	Dam	21	GG-coaching	9.5	6:17	34:38	805
85.	1036	CHODÉ, Marc	m	59	Hom	42	GG-coaching	9.4	6:22	35:06	595
86.	1149	LEMESTRE, François Xavier	m	60	Hom	43		9.3	6:24	35:13	585
87.	1070	APPLINCOURT, Florence	f	27	Dam	22		9.3	6:24	35:15	795
88.	455	MATAGNE, Eva	f	28	Esp F	6		9.3	6:24	35:16	
89.	1085	THOMAS, Odile	f	29	Esp F	7	FCHA	9.2	6:27	35:33	945
90.	1105	HELLA, Charline	f	30	Dam	23		9.2	6:28	35:39	785

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91.	436	THEWYS, Marie	f	31	Dam	24		9.2	6:30	35:50	
92.	439	VANOIRBEEK, Ellen	f	32	Dam	25		9.2	6:30	35:50	
93.	1134	LEMESTRÉ, Marion	f	33	Esp F	8		9.1	6:31	35:53	935
94.	429	SCHELLENS, Nathalie	f	34	Dam	26		9.1	6:34	36:09	
95.	1143	COUNE, Benoit	m	61	Hom	44		9.0	6:38	36:34	575
96.	428	HENDRICK, Stephanie	f	35	Dam	27		8.9	6:42	36:56	
97.	1139	ZAMPIERON, Laura	f	36	Dam	28		8.8	6:45	37:13	735
98.	1157	LOISSEAU, Noélyne	f	37	Esp F	9	Morchy	8.8	6:45	37:13	925
99.	459	PIRARD, Justine	f	38	Dam	29		8.7	6:53	37:54	
100.	420	POUSSET, Tommy	m	62	Hom	45		8.6	6:55	38:04	
101.	401	DE ALMEIDA, Carlos	m	63	Hom	46		8.6	6:56	38:10	
102.	1047	HARDENNE, Christine	f	39	Dam	30	Hesbytri	8.5	6:59	38:27	715
103.	1096	HOVENT, Steve	m	64	Hom	47		8.2	7:15	39:57	545
104.	1055	TORDOIR, Nancy	f	40	Dam	31	GG-Coaching	8.1	7:20	40:25	705
105.	1150	DESTEXHE, Aline	f	41	Dam	32		8.0	7:27	41:00	695
106.	462	PIROTTE, Sara	f	42	Dam	33		8.0	7:27	41:00	
107.	1094	DERWA, Freddy	m	65	Hom	48		7.8	7:39	42:05	535
108.	1069	BEVER, Mélissa	f	43	Dam	34	WAC	7.5	7:54	43:28	675
109.	1152	LE BUSSY GILTAY, Marion	f	44	Dam	35		7.5	7:54	43:29	665
110.	1142	HERMANS, Molly	f	45	Dam	36		7.5	7:54	43:29	655
111.	424	DEJARDIN, Cedric	m	66	Hom	49		7.4	8:00	44:01	
112.	1056	GILL, Angelina	f	46	Dam	37	Fit 5024	7.3	8:10	44:58	645
113.	1029	ZWAENEPOEL, Marie	f	47	Dam	38	WAC	7.1	8:25	46:19	635
114.	451	JURKIEWIECZ, Maelle	f	48	Dam	39		5.9	10:05	55:33	
115.	450	LAMBILLOTTR, Marie	f	49	Dam	40		5.9	10:05	55:33	

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